

## EVS lesson - 7

Question answer-

Q1- Why do we need food?

Ans- We need food to be healthy.

Q2- Name the three meals of the day?

Ans- Breakfast, Lunch, Dinner.

Q3-Write three food items which we get from plants?

Ans- Fruits, Vegetables, Pulses.

Q4-Write three food items which we get from animals?

Ans- Milk, Meat, Egg.